

RESOURCE GUIDE



Office of
Mental Health



Columbia-Greene Counties

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Columbia County Mental Health Center

24 hour crisis line
325 Columbia Street Hudson
518-828-9446

Columbia Memorial Hospital

Inpatient care and ER
71 Prospect Ave Hudson
518-828-7601

Mental Health Assoc. Columbia Greene

Mobile Crisis Team
518-943-5555
8am-10pm 7 days a week

Mental Health Treatment & Rehabilitation

Columbia County Mental Health Center

325 Columbia Street Hudson
518-828-9446
Walk-in open access: M-Th 8:30am-10:30am
Clinic hours: M, Tu, F 8am-5pm, W, Th 8am-7pm

Columbia Memorial Hospital/Albany Med Health

CMPPC Columbia Memorial Health Psychiatric & Psycho-social Center
71 Prospect Ave Hudson
518-697-8010
Additional locations Hudson and Catskill

Greene County Dept. of Mental Health

905 Greene County Office Bldg. Cairo
518-622-9163
M-F 9am-5pm. Tu/Th until 7pm

Peer Support Services

MHACG Peer Support Warm Line

518-567-4186

Fri, Sat, Sun 4-8 pm

Greener Pathways

Peer support for substance use

1301 River St Suite 107, Valatie 518-671-8703

513 Main St Cairo 518-291-4500

Apogee Center

Peer-to-peer services, groups

160 Fairview Ave Suite 22 Hudson

518-697-0976

Water Street Studio

Peer support for those with a mental illness

126 Water Street Catskill

518-943-4651

Addiction or Substance Use Treatment and Support

Greene Medical Arts Psychiatric and Psychotherapy Center

Mental health and substance use treatment

159 Jefferson Heights Suite C-201 Catskill

518-697-8010

Twin County Recovery Services

Prevention, education and treatment

350 Power Ave Hudson

518-751-2083

Additional location in Catskill

Catholic Charities of Columbia and Greene Counties

431 East Allen St. Hudson 518-828-8660

66 William St Catskill 518-943-1462

Mon, Tues, Fri 8:30am-4pm. Wed 11am-7pm.

Hours vary by program, call 518-828-8660 for both sites

Other Services

Mental Health Assoc. Columbia-Greene

Crisis intervention, residential, treatment, peer support,

Care Coordination

713 Union Street Hudson

518-828-4619

Healthcare Consortium

Assistance with healthcare access, transportation to appointments

325 Columbia St Suite 200 Hudson

518-822-8820

Columbia County residents only

Mental Health Housing

All referrals go through SPOA

Columbia County: 518-828-9446 ext. 2246

Greene County: 518-622-9163 ext. 7119

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



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